

There are some caveats when comparing GM averages to national and international comparisons.

Caveat 1: there are very few truly national estimates for the areas measured by the #BeeWell survey.

Caveat 2: When national data is available, the measure should be *exactly* the same in order for any comparisons to be made. If there is a slight difference (for example, slightly different wording or response format), any gap between GM average and national average could be because of the measurement difference, or a genuine difference between GM and the rest of the country.

Caveat 3: timing of national measure is crucial. For example, whether a given national measure is pre or post pandemic. Ideally it should be within a year or two of #BeeWell measurements in order to be comparable, given the evidence around increasing rates of MH difficulties over time.

Caveat 4: Comparisons are applied to a wider age band than used in the #BeeWell survey e.g. Children's Society covers ages 10 to 15 and it is known that responses do change as young people get older.

Some of the differences in national and GM data include.

Children's Society Household Survey

- **Life satisfaction** – average score from Children's Society Household Survey 10-15 year olds 2023 is **7.6/10** (see p.39 in the latest [GC report](#)), GM 2023 Y10 average from the dashboard is **6.64/10**
- **Happiness with home environment** – average score from Children's Society Household Survey 10-15 year olds 2023 is **8/10** (see p.37 in the latest [GC report](#), it's the 'home' item), GM 2023 Y10 average from the dashboard is **8.17/10**
- **Material deprivation** – average score from Children's Society Household Survey 10-15 year olds 2023 is **7.4/10** (see p.37 in the latest [GC report](#), it's the 'things' item), GM 2023 Y10 average from the dashboard is **8.17/10**

Understanding Society

- **Physical health** - latest data is Wave 13 (2022/24) of the [Understanding Society](#) study, aged 10-15. Isolating responses of Excellent/very good, the USoc Wave 13 average is **69.73%**, GM 2023 Y10 is **55.8%**

Health Behaviours in Schools

- **Sleep** – latest [Health Behaviour in School-aged Children data](#) is from 2022 where **42%** of 15 year olds report not getting enough sleep (see page 25 of the linked report). GM 2023 Y10 is **44.1%**.